

# Mediation Analysis

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*Linear Methods in Causal Inference*

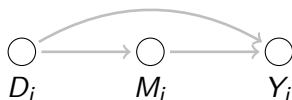
*POLI784*

# Review

- ▶ In the previous class, we first reviewed methods that are valid under sequential ignorability, including trajectory balancing and IPW.
- ▶ We then investigated complexities caused by temporal interference in panel data.
- ▶ Methods based sequential ignorability can still work after we control for the treatment assignment history.
- ▶ But the outcome history now becomes a post-treatment variable and needs to be adjusted sequentially.
- ▶ If the data have a structure of staggered adoption, methods based on strict exogeneity are compatible with temporal interference.
- ▶ Otherwise, we have to decide which structural restrictions are more realistic.

## Mediation

- ▶ Researchers are often interested in mechanisms underlying a causal relationship:



- ▶ Variables that stand for mechanisms are known as “mediators”.
- ▶ Sailors know for a long time that eating fruits prevents you from getting scurvy.
- ▶ But only fresh fruits are effective as they contain vitamin C.
- ▶ Isolating such mechanisms is thus crucial for policy interventions.
- ▶ They may also deepen our understanding of the world.
- ▶ E.g., how does a message shown to the respondents change their opinion?
- ▶ Does it increase their knowledge, change their belief, or evoke certain emotions?

## Define the mediation effect

- ▶ Consider a sample with  $N$  units, for each we observe  $Y_i$ ,  $D_i \in \{0, 1\}$ , and a mediator  $M_i$ .
- ▶ The outcome  $Y_i$  is decided by both  $D_i$  and  $M_i$ :  
 $Y_i = Y_i(D_i, M_i)$ .
- ▶ Therefore multiple potential outcomes for each unit  $i$ :

$$Y_i = \begin{cases} Y_i(1, m), D_i = 1, M_i = m \\ Y_i(0, m), D_i = 0, M_i = m \\ Y_i(0, m'), D_i = 0, M_i = m' \\ Y_i(1, m'), D_i = 1, M_i = m'. \end{cases}$$

- ▶ The mediator's value is decided by  $D_i$  hence post-treatment:

$$M_i = \begin{cases} M_i(1), D_i = 1 \\ M_i(0), D_i = 0. \end{cases}$$

## Define the mediation effect

- ▶ We can define the total effect for unit  $i$  as

$$\tau_{i,total} = Y_i(1, M_i(1)) - Y_i(0, M_i(0)).$$

- ▶ The natural mediation effect is

$$\tau_{i,nm}(d) = Y_i(d, M_i(1)) - Y_i(d, M_i(0)).$$

- ▶ The natural direct effect is

$$\tau_{i,nd}(d) = Y_i(1, M_i(d)) - Y_i(0, M_i(d)).$$

- ▶ We can see that  $\tau_{i,total} = \tau_{i,nd}(d) + \tau_{i,nm}(1 - d)$ .

## Define the mediation effect

- ▶ Recall our previous example where  $i$  stands for a country.
- ▶  $D_i$  means whether country  $i$  has a high ethnic diversity;  $M_i$  indicates whether the country is developed;  $Y_i$  is the frequency of civil conflicts.
- ▶ The total effect captures the effect on civil conflicts generated by ethnic diversity through all possible channels.
- ▶ The mediation effect: the effect on civil conflicts when economic development changes from the level under control to the level under treatment, while ethnic diversity is fixed at  $d$ .
- ▶ Note that it differs from  $Y_i(d, 1) - Y_i(d, 0)$ .
- ▶ The direct effect: the effect of ethnic diversity on civil conflicts when development is fixed at the level under  $d$ .

## Define the mediation effect

- ▶ The average total effect is  $\tau = E[\tau_{i,total}]$ , which equals the ATE.
- ▶ Similarly, the average natural direct effect is  $\tau_{ANDE}(d) = E[\tau_{i,nd}(d)]$ , and the average natural mediation effect is  $\tau_{ANME}(d) = E[\tau_{i,nm}(d)]$ .
- ▶ Imai, Keele, and Tingley (2010) call them “average direct effect” (ADE) and “average causal mediation effect” (ACME), respectively.
- ▶ The same decomposition holds

$$\tau = \tau_{ADE}(d) + \tau_{ACME}(1 - d).$$

## Identify the mediation effect

- ▶ For simplicity, let's assume that  $D_i$  is randomly assigned:

$$D_i \perp \{Y_i(1, m), Y_i(0, m), M_i(0), M_i(1)\}, \\ \varepsilon < P(D_i = 1) < 1 - \varepsilon.$$

- ▶ It is sufficient to identify the average total effect and the ATE on the mediator.
- ▶ To identify the ADE or ACME, we need to further assume that

$$M_i(d) \perp \{Y_i(1, m), Y_i(0, m)\} | D_i, \\ \varepsilon < P(M_i(d) = m) < 1 - \varepsilon.$$

- ▶ Imai, Keele, and Tingley (2010) call the two assumptions “sequential ignorability”.
- ▶ It is different from what we saw in panel data analysis.



## Identify the mediation effect

- ▶ We can easily estimate  $E [Y_i(1, M_i(1))]$  and  $E [Y_i(0, M_i(0))]$ .
- ▶ Sequential ignorability allows us to estimate  $E [Y_i(1, M_i(0))]$  and  $E [Y_i(0, M_i(1))]$ .
- ▶ Note that the assumption requires the manipulation of  $M_i(d)$  rather than  $M_i$ .
- ▶ It cannot be simply guaranteed “by design” as the value of potential outcomes cannot be altered.
- ▶ Ideally, we need at least three parallel universes.
- ▶ In universe one, everyone is assigned with fresh oranges, and we observe  $M_i(1)$  and  $Y_i(1, M_i(1))$ .
- ▶ In universe two, no one is assigned with fresh oranges, and we observe  $M_i(0)$  and  $Y_i(0, M_i(0))$ .
- ▶ In universe three, everyone is assigned with fresh oranges, and we fix their level of vitamin C at  $M_i(0)$  and observe  $Y_i(1, M_i(0))$ .
- ▶ The difference between universes one and three captures the ACME.

## Estimate the mediation effect

- ▶ In reality, randomizing  $M_i(0)$  or  $M_i(1)$  is impossible as we do not know their values for everyone.
- ▶ We can only design experiments to identify the ACME indirectly under structural restrictions.
- ▶ Consider the parallel designs proposed by Imai et al. (2011).
- ▶ The idea is to estimate first  $\tau$  and  $\tau_{ADE}(d)$ , and use their difference as an estimate of  $\tau_{ACME}(1 - d)$ .
- ▶ We randomly divide the sample into two groups,  $G_1$  and  $G_2$ .
- ▶  $D_i$  is randomized in  $G_1$ , while both  $D_i$  and  $M_i \in \{0, 1\}$  are randomized in  $G_2$ .
- ▶ We do not assume sequential ignorability.
- ▶ From  $G_1$ , we can estimate  $\tau$  as before.

## Estimate the mediation effect

- ▶ To estimate  $\tau_{ADE}(0)$  or  $\tau_{ADE}(1)$ , we need a restriction that  $Y_i(1, 1) - Y_i(1, 0) = Y_i(0, 1) - Y_i(0, 0)$  (no interaction).
- ▶ It implies that  $\tau_{ADE}(0) = \tau_{ADE}(1) = \tau_{ADE}$ .
- ▶ Define  $p = P(D_i = 1)$  and  $q = P(M_i = 1)$  in  $G_2$ , then

$$\begin{aligned}\hat{\tau}_{ADE} &= \frac{1}{N} \sum_{i=1}^N \frac{D_i M_i Y_i}{p} - \frac{1}{N} \sum_{i=1}^N \frac{(1 - D_i) M_i Y_i}{p} \\ &\quad + \frac{1}{N} \sum_{i=1}^N \frac{D_i (1 - M_i) Y_i}{1 - p} - \frac{1}{N} \sum_{i=1}^N \frac{(1 - D_i) (1 - M_i) Y_i}{1 - p}.\end{aligned}$$

- ▶ This estimator identifies

$$qE[Y_i(1, 1) - Y_i(0, 1)] + (1 - q)E[Y_i(1, 0) - Y_i(0, 0)] = \tau_{ADE}.$$

## Estimate the mediation effect

- ▶ Sequential ignorability is necessary in observational studies.
- ▶ The classical approach (Baron and Kenny 1986) is built upon the following linear models:

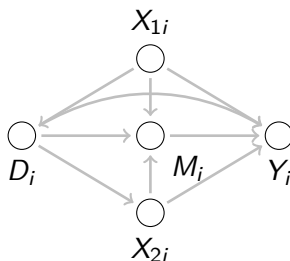
$$Y_i = \tau D_i + \beta M_i + \varepsilon_i,$$

$$M_i = \delta D_i + \nu_i.$$

- ▶ It assumes linearity, no interaction, and homogeneous treatment effects.
- ▶ Imai, Keele, and Yamamoto (2010) show that if all these restrictions are satisfied, then  $\tau_{ACME} = \delta * \beta$  and  $\tau_{ADE} = \tau$ .
- ▶ It is straightforward to extend the first equation and assume  $Y_i = \tau D_i + \beta M_i + \eta D_i * M_i + \varepsilon_i$ .
- ▶ Then,  $\tau_{ACME}(0) = \delta * \beta$ ,  $\tau_{ACME}(1) = \delta * (\beta + \eta)$ ,  $\tau_{ADE}(0) = \tau$ , and  $\tau_{ADE}(1) = \tau + \eta * \delta$ .

## Identify the mediation effect under strong ignorability

- ▶ Previous discussions have not accounted for the existence of confounders.
- ▶ We need to distinguish different types of confounders in mediation analysis.
- ▶ Consider the following graph:



- ▶ We can assume sequential ignorability conditional on  $X_{1i}$  but not  $X_{2i}$ .

## Estimate the mediation effect under strong ignorability

- ▶ We can control for  $X_{1i}$  by adding extra terms into the linear equations.
- ▶ The modern approach is built upon nonparametric regression estimators.
- ▶ We need to estimate conditional expectations such as  $\delta(D_i, M_i, X_{1i}) = E[Y_i | D_i, M_i, X_{1i}]$ .
- ▶ Imai, Keele, and Tingley (2010) show that

$$\begin{aligned} & \tau_{ACME}(d) \\ &= E \left[ E_{M|D=1, X_1}[\delta(D_i, M_i, X_{1i})] - E_{M|D=0, X_1}[\delta(D_i, M_i, X_{1i})] \right] \end{aligned}$$

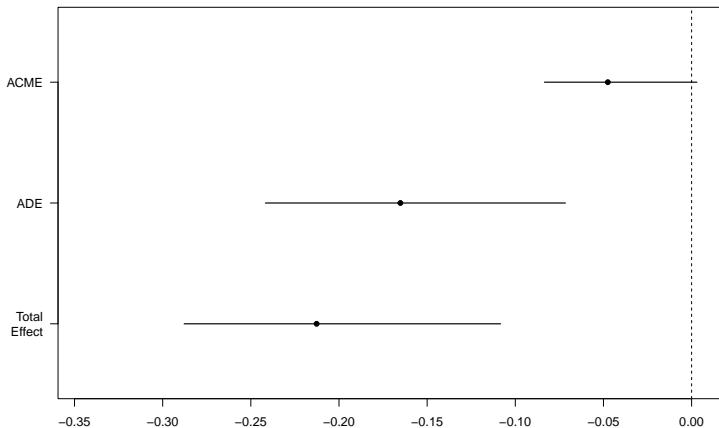
- ▶ They suggest an estimation algorithm based on Bayesian methods.
- ▶ This approach can be applied to continuous treatments or mediators.
- ▶ Sensitivity analysis is necessary to ensure that sequential ignorability holds.

## Mediation analysis: application

- ▶ Consider the study in Lupu and Peisakhin (2017), which investigated the political legacy of Stalin's deportation of the Crimean Tatars.
- ▶ The authors conducted a survey on households with senior members who were born before the deportation.
- ▶ The treatment is whether any of the family members were victims of the deportation.
- ▶ The outcome is their support for Russia's annexation of Crimea.
- ▶ Mediators include multiple indicators about their identity and feelings over generations.
- ▶ We focus on the sub-sample of the third generation in these households.

## Mediation analysis: application

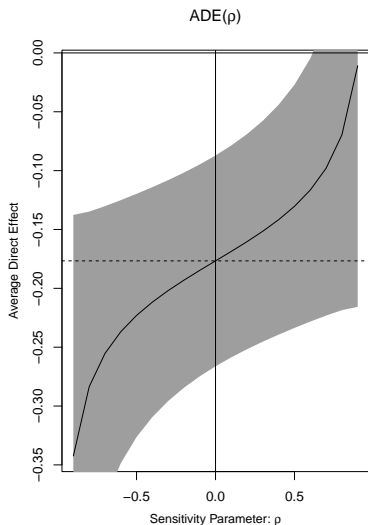
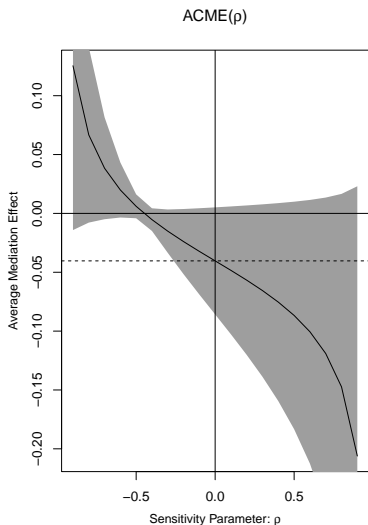
- ▶ We consider a single mediator, fear among the second generation in these households.





## Mediation analysis: application

- ▶ The sensitivity analysis is built upon the linear model, and  $\rho$  is the correlation between  $\varepsilon_j$  and  $\nu_j$ .



## Estimate the mediation effect under strong ignorability

- ▶ What if we have confounders like  $X_{2i}$ ?
- ▶ Acharya, Blackwell, and Sen (2016) show that we can identify a quantity known as the average controlled direct effect (ACDE):

$$\tau_{ACDE}(m) = E[Y_i(1, m) - Y_i(0, m)].$$

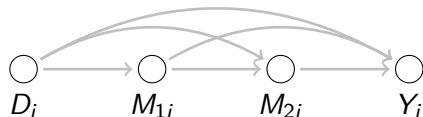
- ▶ We can replace the second part of sequential ignorability with

$$M_i \perp \{Y_i(1, m), Y_i(0, m)\} | D_i, X_{1i}, X_{2i}$$

- ▶ It is a familiar problem from panel data analysis.
- ▶ We need to account for the influence of the post-treatment variable  $X_{2i}$ .
- ▶ This can be done via IPW estimators.
- ▶ Or we can rely on regression models under structural restrictions.

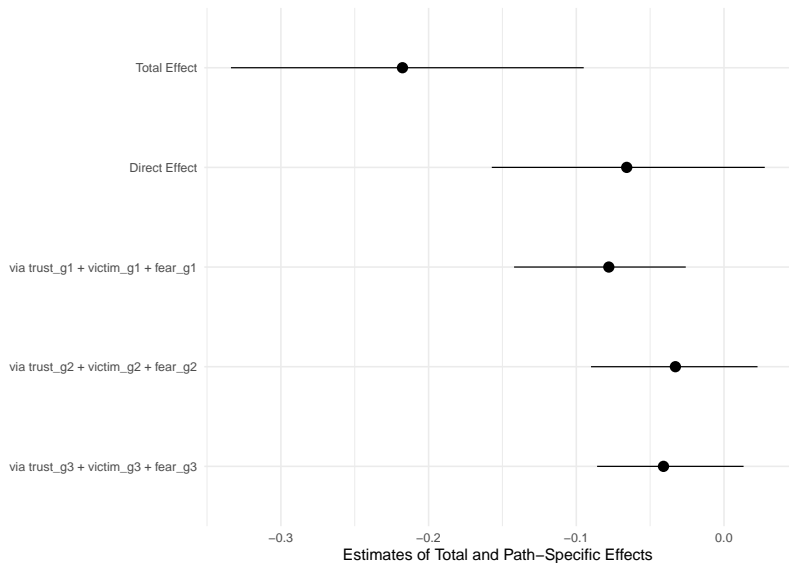
## Ordered mediators

- ▶ Sometimes, there can be multiple mediators on the path from the treatment to the outcome.



- ▶ Mediators for the first generation affect mediators for the second generation.
- ▶ Zhou and Yamamoto (2020) show that we can similarly define the average causal mediation effect for each mediator.
- ▶ In the previous example, we can isolate the direct effect ( $D - Y$ ), the effect through  $M_2$  ( $D - M_2 - Y$ ), and the effect through  $M_1$  ( $D - M_1 - Y$  and  $D - M_1 - M_2 - Y$ ).
- ▶ Identification requires that sequential ignorability holds for each mediator on the path.

# Ordered mediators: application



## Summary

- ▶ This course is dedicated to causal inference from the design-based perspective.
- ▶ Identifying causal relationships is impossible without assumptions.
- ▶ An identification assumption clarifies the source of randomness in treatment assignment
- ▶ A good research design ensures that the identification assumptions are likely satisfied.
- ▶ As a result, the estimates will be robust to structural restrictions imposed on the data generating process.
- ▶ Good designs should be justified by your understanding of theory and context.
- ▶ A bad design plus the abuse of statistical models often lead to empirical results that cannot be replicated or generalized.
- ▶ It is always necessary to test both the identification assumptions and the structural restrictions in your study.

# Summary

- ▶ We studied a series of linear estimators over the semester, most of which have a regression representation.
- ▶ The critical question is whether the estimate converges to a quantity (estimand) that has a causal interpretation.
- ▶ We define causal estimands under the Neyman-Rubin framework.
- ▶ Each estimand is the average of the difference between two potential outcomes over a fixed population.
- ▶ Vanilla regression estimators may not converge to such averages of heterogeneous treatment effects.
- ▶ It is easier to fit a model than to figure out what quantity you are estimating.
- ▶ Takeaway: always try to understand the research question using the Neyman-Rubin framework before running any analysis!

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